



MEDICAL CANNABIS COACH

Services Description

The emergence of Cannabis as an internationally accepted alternative to traditional medicine has created an urgent need - the need to educate and help people who otherwise know nothing about medical cannabis. This education is best accomplished in the comfort and privacy of one's home.

As medical patients who have struggled with individual issues, **Medical Cannabis Coach** representatives are all experienced in serving and educating. We created this service out of the need to educate and assist others in achieving effective symptom relief and sustained improvement.

Our coaching process is designed to assist medical cannabis users in transitioning to effective cannabis usage as a medicinal alternative in a cost-effective and rapid manner. In doing so, we advocate for the foundational philosophy of "low and slow" learning and building tolerances.

Cannabis is a most unique medicine. It has the ability to subdue the most intense pain and yet produce a pleasant effect. It can be controlled by mental focus and physical activity. It can produce energy and can also induce sleep. And the best fact? It is non-lethal and non-toxic.

The "magic" happens when four conditions exist

- Effective strain selection
- Effective and consistent dosing
- Individualized medication plan with preferred modality
- Commitment to long-term success

In order to help our clients achieve these outcomes, Medical Cannabis Coaching takes several in-home visits to accomplish the following objectives:

EDUCATION

Generally, the first visit is focused on the necessity to educate the consumer. This medicine requires MORE educational effort than simply following the instructions on a prescription bottle label. That said, our experience is that clients who are committed to self-education are better prepared for long-term success. We also find that our respective life stories are the best teachers. We will share our stories as we listen to yours and together we will build trust and respect.

Building on this trust, we will work to allay your fears, address your questions, build your confidence and generally give you a glimpse of a very hopeful outcome.

Additional assistance could include, but not limited to; all paperwork, photos, uploads, CBD introduction, logistics, referrals, resources, future planning, and informational exchange.

TOLERANCE AND SENSITIVITY TESTING

The second visit will be once the state registry approval has been received. This is a critical step in your personal cannabis use. The development of an individualized treatment plan can only be developed with an individual awareness of one's tolerance to cannabis and whether specific strains meet that specific individual's preferences.

To assess these factors, MCC will set up a testing period that usually lasts 24-48 hours. During this period, MCC personnel will construct a time-specific day test and night test. Entry-level dosages of daytime strains (sativa) and night time strains (indica) will be provided for testing. Two-hour windows will provide valuable feedback on strain and dosage level. Clients are asked to provide detailed journal entries to assess the effectiveness of the medicine and also any other issues such as side-effects, lethargy, nausea, balance, etc.

DISPENSARY VISIT AND STABILIZATION

Once the tolerance testing has been completed, MCC personnel will evaluate the feedback and determine what strains, dosage, and modality will have the best chance for success. In consultation with the client, MCC personnel will locate the specific strains and plan a dispensary visit. Usually small amounts will be purchased at this time as economizing is important to long-term success.

MCC personnel will also assist clients with medicine logistics, storage, and equipment.

At this time, MCC will do one (1) medicine conversion into specific modality. After converted, MCC personnel will assist in the application of the individually designed treatment plan. After a brief period of normalization, MCC personnel will conduct an assessment of adaptability and make adjustments as necessary.

FURTHER ASSISTANCE AVAILABLE

Once the client is to this point, the basic coaching and educational service is complete. If additional assistance is needed or requested, MCC has flexible coaching plans that are available in 5-hour and 10-hour packages. Clients often use these packages for instruction on cooking, medicine conversions, dosage instructions, concentrations, additional coaching, speaking engagements, etc.

See price sheet for additional options.

SUMMARY

Medical Cannabis Coach is focused on making the client as educated and self-sustaining as possible in the shortest time. Rapid relief of symptoms while maintaining a "low and slow" philosophy will guide this process as we work together to make your full transition to this most unique alternative medicine successful.

We thank you for your trust and look forward to assisting you in this life-changing decision.